THE RORSCHACH METHOD
FOUR STEPS TO BUILD A RICHER, MORE FUNCTIONAL AND RELIABLE PSYCHOGRAM

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1 INTRODUCTIONS

1. **Introduction 1**
   - 1.1 Randomized research (atomistic horizon) = America
   - 1.2 Logical coherence research (structural formal horizon) = Europe
   - 1.3 Integration of randomized research for the primary elements/codes and the logical coherence for the interpretation = Rorschach Method according to the Structural Integrated Model (SIM) - Sipi Casoria
2. **Introduction 2**
   - 2.1 Basic choice between perception and projection
   - 2.2 Shared constructivist perception
3. **Introduction 3**
   - 3.1 Perception in a unique and taken-for-grant horizon (Psychoanalytic)
   - 3.2 Perception within a horizon in which everyone clarifies their own:
     a) epistemological b) anthropological c) psychopathological position
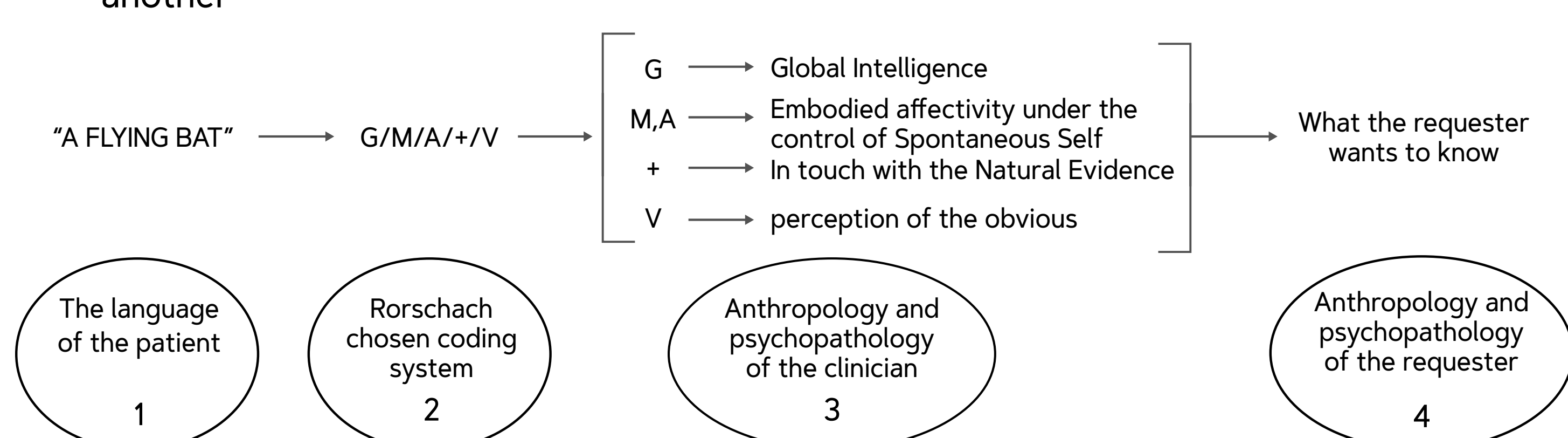
2 STATEMENTS

1. No possibility of a randomized stratified research on the Rorschach
2. The randomized research is possible for the elements/codes embedded in a global, coherent and hierarchically organized horizon
3. The Rorschach as a Language id est an organization of primary elements/words/codes into increasingly complex and logically coherent totalities/unities (word/clause/sentence/literary genre)

3 FIRST CONCLUSIONS

1. Randomized and atomistic interpretation = America
2. Formal structural interpretation = totality that organises parts according to a formula that makes them increasingly complex = Europe
   - 2.1 In the formal structural interpretation, we consider two subtests:
     - 2.1.1 The formal subtest (Locations, Determinants, Content, Frequency and Quality) as a language whose strength is the logical coherence
     - 2.2.2 The content subtest (Particular Phenomena) whose weakness is the lack of logical coherence
3. In this work we follow the perceptual horizon in an epistemological constructivist - structural view and in an anthropological phenomenological - existential view

THE RORSCHACH AS A LANGUAGE AND ITS RULES FOR A CORRECT TRANSLATION

1. Every language is made of semantics and syntax
   - 1.1 Semantics is the set of words/concepts which have a specific meaning (identity) = codes, indexes
   - 1.2. Grammar/syntax allows the logical coherence of the language=math calculations
2. The rules for a correct translation
   - 2.1. The translation must be done from the primary elements of a language into the primary elements of another

"A FLYING BAT" → G/M/A/+/V

G → Global Intelligence
M,A → Embodied affectivity under the control of Spontaneous Self
+ → In touch with the Natural Evidence
V → perception of the obvious
→ What the requester wants to know

1. The language of the patient
2. Rorschach chosen coding system
3. Anthropology and psychopathology of the clinician
4. Anthropology and psychopathology of the requester

- **2.2.** The organization of the primary elements into increasingly complex algorithms is done according to the grammatical rules of each language
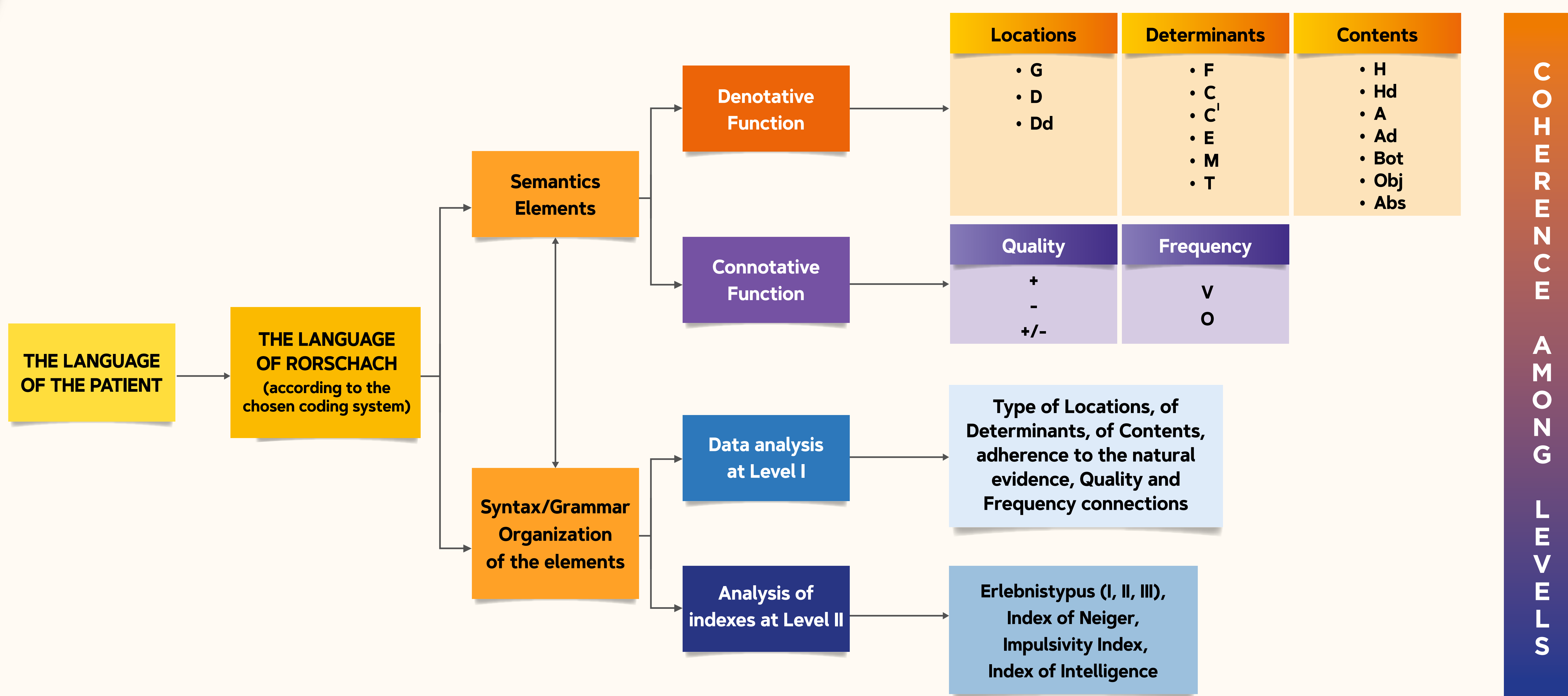
STEPS OF FORMAL STRUCTURAL INTERPRETATION

1. In the Rorschach Method we consider 4 languages:
   - 1.1 The language of the patient e.g."I see a flying bat", in V card
   - 1.2 The language of the Rorschach = G/M/A/+/V (according to the chosen and shared coding system)
   - 1.3 The anthropological and psychopathological language of the diagnostician that has to be clarified (e.g. G means global intelligence, MA means spontaneous bodily emotionality)
   - 1.4 The anthropological and psychopathological language of the requester

1-2 STEP — FIRST TRANSLATION
FROM THE LANGUAGE OF THE PATIENT TO THE RORSCHACH CODING LANGUAGE

THE LANGUAGE OF THE PATIENT → THE LANGUAGE OF RORSCHACH (according to the chosen coding system)

- Semantics Elements
  - Denotative Function
    - **Locations:** G, D, Dd
    - **Determinants:** F, C, C', E, M, T
    - **Contents:** H, Hd, A, Ad, Bot, Obj, Abs
  - Connotative Function
    - **Quality:** +, -, +/-
    - **Frequency:** V, O
- Syntax/Grammar Organization of the elements
  - Data analysis at Level I → Type of Locations, of Determinants, of Contents, adherence to the natural evidence, Quality and Frequency connections
  - Analysis of indexes at Level II → Erlebnistypus (I, II, III), Index of Neiger, Impulsivity Index, Index of Intelligence

COHERENCE AMONG LEVELS

3 STEP — SECOND TRANSLATION
FROM THE LANGUAGE OF RORSCHACH TO THE LANGUAGE OF THE CLINICIAN

The codes acquire a meaning in relation to the elements of the personality theory the diagnostician refers to. We must establish how to translate the primary elements of the Rorschach into the primary elements of the personality theory the diagnostician refers to.
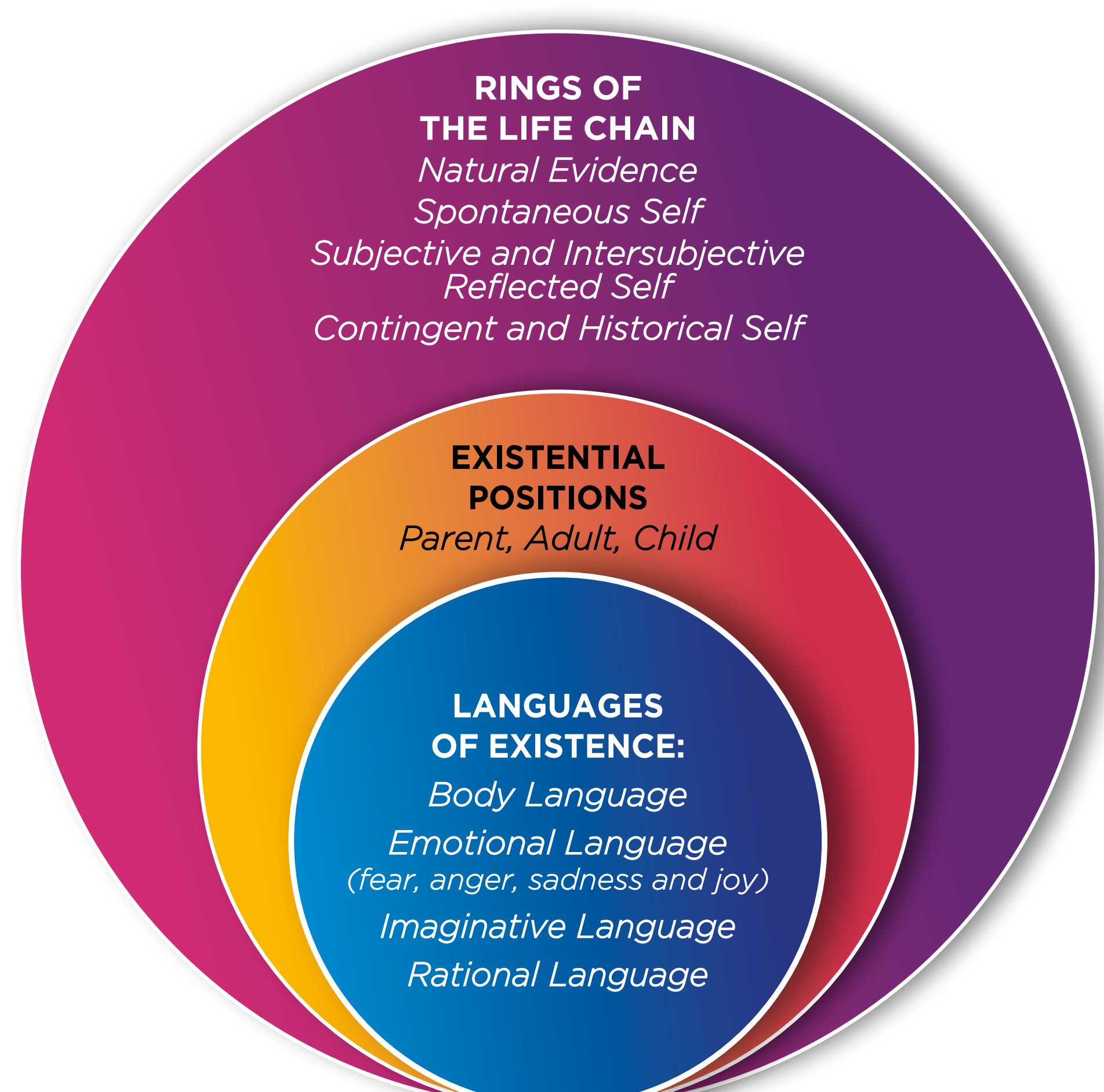
4 STEP — THIRD TRANSLATION
FROM THE LANGUAGE OF THE CLINICIAN TO THE LANGUAGE OF THE REQUESTER

Each requester refers to an anthropological and psychopathological model. The diagnostician must translate the psychogram into the model of the requester.

EXAMPLES OF FORMAL STRUCTURAL INTERPRETATION OF 3 CODES ACCORDING TO SIM

THE STRUCTURAL INTEGRATED MODEL IN PILLS

Integration among:
Languages of Existence
Existential Positions
Rings of the Life Chain

RINGS OF THE LIFE CHAIN
Natural Evidence
Spontaneous Self
Subjective and Intersubjective
Reflected Self
Contingent and Historical Self

EXISTENTIAL POSITIONS
Parent, Adult, Child

LANGUAGES OF EXISTENCE:
Body Language
Emotional Language
(fear, anger, sadness and joy)
Imaginative Language
Rational Language

INTRA - INTER LEVELS INTEGRATION

1. Let us assume the following results of G, M and Object Responses and their interconnections

G	G, +	G, -	G, V	G O	G, O +	G, O, -
47,6%	65%	35%	4,8%	45%	44,4%	55,6%

M	M, +	M, -	M, V	M.O	M, O, +	M, O, -
44,4%	70%	30%	10%	45%	44,4%	55,6%

Obj	Obj, +	Obj, -	Obj, O	Obj, O +	Obj, O, -
25%	45,4%	54,5%	54,5%	33,3%	66,7%

2. Meaning of the responses according to SIM:
   - 2.1 **Locations**
     G (47,6%) describes the "capability"of the patient to tackle problems with a global vision and generalising. It means the presence of rational and emotional integrated languages.
     Unfortunately, the quality of G (G, - 35%) and the low percentage of frequency (G, V 4.8%) reveal the difficult of the patient to stay in touch with the natural evidence.
     The percentage of original G (G, O 45%) is good, but G, O, - (55.6%) confirms the bad connection with reality highlighting pathological creativity/autonomy.
   - 2.2 **Determinants**
     M (44%) reveals the presence of the body language (lively body not mute body) and of the emotional language. Also in this sector, unfortunately, the percentage of M, - (30%), M, O, - (55,6%) describes a lacking connection of the body and the emotional language with the natural evidence and the difficult of the patient to keep in touch with reality.
   - 2.3 **Contents**
     The high percentage of **Obj,** (25%) highlights the structural attitude of the patient to experience devitalised relationships. The quality and the frequency Obj, O, - (66,7%) show avoidance from what is alive.

3. At this stage we can affirm that: the Self is rich of elements and the energy > structure; there are integrated languages of existence although far from natural evidence; the high percentage of negative qualities responses confirm the fragility of the structure

Conclusions

If we carry out this method for every code and its interconnections, analyzing the data at Level I and II, in which every level is part of the superior totality and viceversa

If there is coherence intra and inter levels or not that needs an explanation

Then we can build a psychogram that describes the structure of personality, the type of psychopathology, in its elements, totalities, interconnections and severity (normal-neurotic-borderline-psychotic).

References